



Oyster Park Primary Academy

Newsletter

Summer 2: July 2024

Issue 6



Reflecting on the School Year

As we approach the end of the academic year our pupils have been using their Social Skills lesson to reflect on the past year. As part of their lesson the pupils thought about their favourite subjects and what they have enjoyed most about them; what aspects they found easy or challenging and how they overcome this; which parts they would miss the most; and, what they hope to achieve in the future as they move on to their next year group or new school. We are so proud of how much our pupils have achieved this year and we cannot wait to see what they go on to achieve next!

Healthy Eating Week

Healthy Eating Week is celebrated across school at the beginning of June, where we focus our learning in our Social Skills around health, hydration and the importance of exercise. The themes that the pupils have been discussing for this year's Healthy Eating Week include:

- Getting at least 5 fruits and vegetables a day
- Staying hydrated by drinking lots of water
- Moving more and staying active
- Eating plenty of healthy fibre to help with digestion
- Reducing food waste and enjoying our meals

The pupils also discussed sports day and why it is important to promote a healthy lifestyle.



Protecting our Environment

In Social Skills this half term the pupils have also been thinking about how we can protect our environment and what we can do to be the most eco-friendly school we can be. Some of the key points the pupils discussed included:

- Reduce** - by making our school resources last longer
- Recycle** - by converting waste into reusable materials e.g. scrap paper & cardboard boxes
- Save Water** - Making sure we switch off taps
- Save Electricity** - making sure we turn off lights when they are not needed

The pupils shared some great ideas, and all agreed we should all work hard as individuals and a community to protect our environment.



Key Dates

INSET Day

Monday 2nd September 2024

School Opens for Autumn Term 1

Tuesday 3rd September 2024

School Closes for October Half Term

Friday 25th October 2024

Key Information

School Meals

The price of school meals will be increasing to £2.70 from September 2024

After School Clubs

After School Clubs will be starting the second week back and will be increasing to £2 per session.

School Milk

School Milk is increasing to £1.60 per week from September 2024

Summer Safety

During these summer months with the weather heating up, it is important that we educate the pupils on how to stay safe during summer. In Social Skills, the pupils have been learning about safe and unsafe exposure to the sun, and how to reduce the risk of sun damage. They have also discussed water safety and how important it is to be supervised by a grown up when playing near water. Please find on the overleaf some key advice for summer safety provided by the British skin foundation.



We know children love spending time outdoors, whether in the garden, park or beach, however, their skin is more delicate than an adult's and can easily be damaged by the sun, even when it doesn't seem strong.

SUN SAFETY



Use a sunscreen with a minimum SPF 50 and at least 4 stars for UVA protection.



Wear sunglasses, ideally with wrap around lenses or wide arms, which carry CE and British Standard marks.



Reapply every two hours or immediately after swimming or sweating.



No sunscreen offers 100% protection so cover up with loose close weave clothing (such as cotton) and a wide brimmed hat to protect the neck, ears and face.



Generously apply sunscreen (5 teaspoons to cover the whole body) 15 to 20 minutes before going out.

Seek shade between 11am – 3pm when the sun is at its strongest. Always keep babies and toddlers in the shade if you can.




By following these simple tips your child will be able to stay safe and enjoy the sun. Remember parents, set your child a good example by also following this advice, and the whole family can have a happy sun safe summer.


For more information about the British Skin Foundation see www.britishskinfoundation.org.uk


   @BSFcharity

SUN SAFETY SUNSCREEN


Sunscreen does not give the Sun Protection Factor (SPF) it states on the bottle if it is not applied correctly. Follow our tips to stay sun safe!

 Firstly, check the expiry date of your sunscreen, as out of date sunscreen will not be as effective and you risk burning.

 Use five teaspoons of sunscreen to cover your whole body.

 One teaspoon is enough for just your face, neck and shoulders.

 Apply sunscreen 15 to 20 minutes before going outside.

 Reapply every two hours, or after swimming, even if your sunscreen is 'water resistant' or exercise.

 Rub sunscreen in gently and make sure you cover all exposed body parts such as face, ears, backs of hands and feet.

 Don't forget to protect your lips - using a SPF30+ lip balm

 UV rays penetrate clouds and reflect off sand, water, snow, and even concrete. Sunscreen still needs to be applied when it is cloudy!



For more information about the British Skin Foundation see www.britishskinfoundation.org.uk

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SUN MYTHS VS SUN FACTS

Experiencing severe sunburn, particularly in childhood, increases the risk of developing skin cancer in later life, so it's very important to protect yourself and your family from the sun. Here are some of the most common myths and misconceptions to help you keep sun safe.

X 'I can't get sunburnt in the UK; the UV rays aren't strong enough.'

Wrong! Always protect your skin even in the UK.

X 'I can't get sun damage on a cloudy summer day.'

Even if you can't see any blue sky, a significant amount of UV rays can still get through the clouds, so it's best to apply sunscreen if you're out and about during the summer.

X 'Using sunscreen alone will protect my skin.'

No sunscreen offers 100% protection so it should never be used as a substitute for clothing and shade.

X 'My sunscreen says it's water resistant, so I don't need to reapply regularly.'

Despite what the packaging promises, swimming, sweating, rubbing, or towelling down means you will end up removing the sunscreen from your body. Always reapply after sporting activity or at least every two hours.

X 'My skin is only damaged if it turns red.'

Sunburn and skin peeling is the extreme end of skin damage from UV rays. When the skin 'tans' this is damaging your skin and putting you at risk of skin cancer in the future.

X 'I can't get sunburnt through windows.'

Wrong! UVA radiation can penetrate glass. This can be a car window, or even your windows at home. Be sure to protect your skin if you're on long car journeys or spend a lot of time sat by sunny windows.

X 'SPF25 is half the SPF protection of SPF50.'

SPF50 does not offer twice the protection as SPF25 even though it offers a higher level of protection, so don't be fooled!

X 'I have to spend lots of money on sunscreen for it to be effective.'

This is not the case, if you are willing to shop around you do not have to spend lots of money. Look for a sunscreen with a high SPF and 4 or 5 star UVA rating.

X 'I can simply use aftersun to repair the damage done by sunburn'

Aftersun may help to soothe and cool your skin, however, it cannot fix the damage done to the DNA inside your cells.

X 'Skin cancer only affects older people.'

Malignant melanoma is one of the most common cancers in young adults (aged 15-34) in the UK.

X 'I shouldn't use sunscreen as I will become vitamin D deficient.'

This has not proven to be true from studies. Using SPF 50 will filter out 98% of UVB rays, when used perfectly. So rays will still reach the skin. You can also get vitamin D through diet and supplements if you are concerned.

X 'A tan is healthy'

There is no such thing as a healthy tan. If the skin changes colour it shows that damage has been done to cells.

X 'I use a 'once-a-day' sunscreen, I don't need to reapply'

Even if a sunscreen states it is once-a-day it should be reapplied regularly. The majority of people do not apply sunscreen correctly and miss parts of the body.

X 'Sunscreen lasts forever'

Like most cosmetics, sunscreens have an expiration date. Look for the jar icon on the back of the product to see how long it is effective for once it has been opened. So you know, simply write the date you open the product on the bottle. Remember to store your sunscreen in a cool place and not in direct sunlight.

Dr Anjali Mahto, Consultant Dermatologist & British Skin Foundation spokesperson.



For more information about the
British Skin Foundation see
www.britishskinfoundation.org.uk

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Reading & Enrichment

This half term, there has been a range of exciting enrichment opportunities to bring learning to life and to make lasting childhood memories for our pupils.

Year 6 Reading Café

This half term our Year 6 made the most of the beautiful, sunny weather by taking their reading café event outside. The pupils enjoying a picnic/outdoor-eating style snack whilst reading a book of their choice. They also discussed their reading with their fellow pupils and wrote a book review based on the book they were reading. Whilst enjoying the sunny weather and reading the pupils enjoyed being waited on by the Year 6 staff who provided snacks and refreshments.



Reading at home

At Oyster Park we are driven to inspire a pleasure for reading within all our children. One of the great ways to achieve this is to read with family members at home. Reading can be done anywhere; whether it be listening whilst travelling in the car, during meal-times, whilst relaxing on the sofa or even at before bed-time.



All reading done at home can be recorded in the pupils reading records to allow teachers to see how much the children have been reading outside of school. As a school we recommend every child reads at home at least 4 times a week.

Parent & Children's Book Swap

In the school office you will find the Oyster Park Primary Academy Children and Parent Book Swap initiatives. We have had some kind donations from staff and the school community and would like to invite you to swap any of your preloved books with one within our Book Swap Boxes. These can be found in the main school office. We look forward to seeing which titles and authors are swapped amongst our school reading community.



Book Trunk

Each week a pupil from each class in Year 1 to Year 4 is specially selected to take home the class Book Trunk for the weekend! The book trunk is an exciting bag of goodies to create the perfect



reading experience at home. The Book Trunk included a lovely story selected by the class, some hot chocolate to enjoy whilst reading, our cuddly book trunk mascot to read to and a reading journal for parents and pupils to write in about their weekend book trunk adventure.

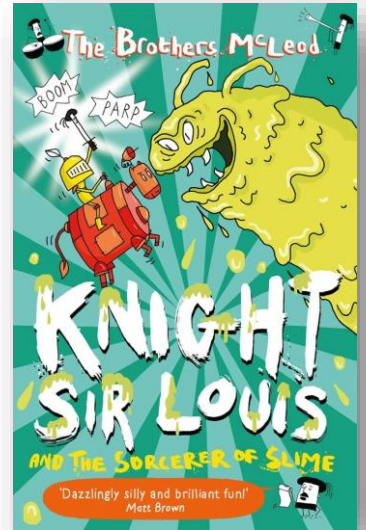
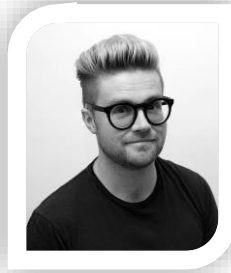


Workshops & Enrichment

This half term, there has been a range of exciting enrichment opportunities provided by excellent educational specialists to bring learning to life and to make lasting childhood memories for our pupils.

Authors & Illustrators Brothers McLeod

This half term the pupils had a very exciting visit from writer and illustrator Myles McLeod. He talked to the pupils about his journey into illustration, how he turned his passion into a career and how he followed his aspirations and worked hard at his talents.



Myles also introduced the pupils to some of the books he has written and produced and how his illustrations helped to bring the stories alive. The pupils then got the opportunity to become illustrators themselves and drew an image based on a given scenario. They also watched videos about illustration and created their very own illustration mini-book. The pupils asked lots of questions and had a fantastically creative day.

TTRockstars Day

This half term we loved rocking out first TTRockstars themed Math's day to practice our times tables in a fun and engaging way. We enjoyed a whole school assembly where we rocked out to some rock and roll music and then we watched some children perform a live battle in front of the whole school.

The children then spent the rest of the day practicing their times tables by creating their own flashcards, creating their own games and even using their times tables to go orienteering all whilst listening and dancing to rock music.



OPPA rock at their times tables!

West End in Schools - Alice in Wonderland

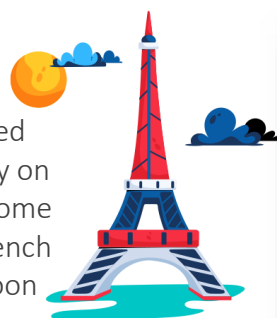
This half term we were delighted to welcome back West End in Schools to provide exciting and vibrant dance workshops based on the classic tale of Alice in Wonderland to our pupils across

KS1 & KS2. The pupils were guided through the classical tale through the art of dance and theatrical movement. The pupils thoroughly enjoyed the experience and were able to discuss why certain scene



Bastille Day

On Wednesday afternoon, Key Stage 2 enjoyed a French-themed afternoon to celebrate the French National Holiday, Bastille Day on the 14th July. They took part in various craft activities, tasted some French pastries and cheese and played an indoor version of French bowls (Pétanque). The children thoroughly enjoyed the afternoon and getting a taste of French culture.



Educational Visits

This half term, there has been a range of exciting educational visits off-site provided by excellent educational specialists to bring learning to life and to make lasting childhood memories for our pupils.

Year 6 Spurn Point



Year 6 had an amazing time at Spurn Point, enhancing their learning about the human impact on a marine biome. They discussed the length of time different materials take to break down in the oceans. Did you know that plastic never actually breaks down? The children then helped the Yorkshire Wildlife Trust with a beach clean activity.



They were blessed with amazing weather and the children took advantage of our time at the beach to search for many different types of fossils. Their behaviour was exemplary, and they had so much fun. Their day was summed up by one child's quote: "Please can you take us back to the beach before we leave Year 6?"

Year 3 Locklane Canal Boat



The Year 3 children had so much fun at the Castleford Flood Lock as they got to apply their Geographical knowledge as they explored and identified physical and human feature of rivers and canals during a canal boat ride. The children enjoyed the experience of travelling down the River Aire, sitting at the balcony of the boat and even having a go at steering the boat. All children wore their life jackets and were very sensible on the boat. The pupils made us very proud.



Year 3 Filey



The Year 3 children had so much fun at the coastal town of Filey during their visit. They were able to apply their geographical knowledge by exploring and identifying physical and human features of the coast and then compared similarities and differences to their local area back home.

The children enjoyed the experience of seeing the sea and the beach and were able to find many rocks and apply their prior learning of rocks and soils from Science, although I think the most exciting part was enjoying an ice cream. The children were so well behaved and a credit to the school. Well done Year 3!



Culture & British Values



The General Election

In Social Skills, this half term the pupils have been discussing the general election, which took place on, Thursday 4th July 2024. The pupils talked about how we live in democracy in which people are allowed to vote and have their say about how our country is run. They learnt that voters choose Members of Parliament (MP) who decide our laws and rules. The pupils learnt about our local MP Yvette Cooper and how it is her job to represent the interests of people living in their constituencies (their local area). The children also learnt about the different political parties in the UK including the Labour Party and the Conservative Party. To conclude their learning the pupils reflected about how democracy is a British Value, and that democracy means that everyone gets a say.

European Championships 2024

As a school we followed the progress of our English Lions throughout the European Championships 2024 in Germany. We have discussed the importance of teamwork and how football is a national sport loved across the nation by all genders and ages. Linked with our Healthy Eating Week this half term the pupils have discussed the importance of moving and keeping active. The pupils have also discussed how it is important to always work hard to achieve your goals and that anything can be achieved if you put your mind to it and try your best. We have loved watching our English Lions making it all the way to the final and even had a red and white day to celebrate. They truly have made us all proud!



UEFA
EURO2024
GERMANY

The More Than Club

As we reach the end of the Summer Term, we are excited to celebrate the pupils in our school who have joined the More Than Club, our Trust attendance initiative. All pupils who have achieved 96% attendance or above this academic year have received a certificate in recognition of their fantastic attendance. They also enjoyed a special ice cream parlour treat yesterday. We have 13 pupils who have 100% attendance for the whole academic year, these pupils have received an extra reward in recognition of this amazing achievement.

The More Than Club will continue to run in the Autumn Term 2024. Any pupil with attendance of 98% or above will be celebrated at the end of the Autumn Term.

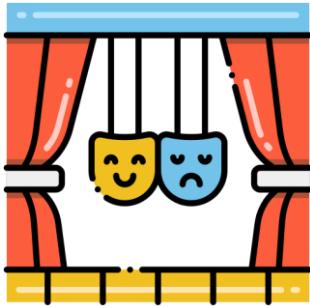


Year 6 Leavers



Mrs King & Mr Adams:

“We are so proud of our Year 6 children who have grown so much in confidence. This was shown in their fantastic production of the Amazing Adventures of Superstan. The children are all superheroes. We have had a wonderful year with you all.”



Feeling

P R O U D



Celebrating Pupil Achievement

Class	Star of the Week	Writer of the Week	Hall of Fame
Morning Nursery Miss Swan	All Nursery	All Nursery	All Nursery
Afternoon Nursery Miss Swan	All Nursery	All Nursery	All Nursery
RT Miss Tonks	All RT	All RT	All RT
1R Miss Ramzan	All 1R	All 1R	All 1R
1C Mrs Coomber	All 1C	All 1C	All 1C
2B Miss Brannon	All 2B	All 2B	All 2B
2A Miss Ambler	All 2A	All 2A	All 2A
3S Miss Stirling	All 3S	All 3S	All 3S
3P Mrs Palmer	All 3P	All 3P	All 3P
4E Mr Eccles	All 4E	All 4E	All 4E
4G Miss Golding	All 4G	All 4G	All 4G
5SL Mrs Smithson	All 5SL	All 5SL	All 5SL
5F Mr Forsyth	All 5F	All 5F	All 5F
6K Miss King	All 6K	All 6K	All 6K
6AF Mr Adams	All 6AF	All 6AF	All 6AF

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